



OCCUPATIONAL HEALTH POLICY

Definition of Occupational Health

Occupational ill health refers to all health problems in the work environment. The term covers health problems workers bring to the workplace, as well as health issues caused or made worse by work. It covers serious and fatal diseases, physical effects on skin, breathing, hearing, mobility and functioning, and psychological effects on mental wellbeing. Effects may be immediate and visible, but are more often unseen and take a long time to develop, so vigilance and monitoring can be key to identifying problems. Some effects can be cured if diagnosed early; many can only be prevented from getting worse. Of course, some diseases are terminal.

Occupational Health at Pope Plant Ltd

In construction, there are many dangers that can harm your workers. Pope Plant endeavour to try and eliminate, prevent or control the risks.

Key risks include:

- exposure to asbestos, dusts including silica and lead
chemicals, sunlight, diesel engine exhaust emissions
- frequent loud noise
- frequent or excessive use of vibrating tools
- frequent or excessive manual handling of loads
- stress and fatigue.



At Pope Plant we follow the risk management cycle below.



Identify : this is about identifying and taking sensible and proportionate measures to control the risks in the workplace. All personnel has an obligation to report any risks they see that may pose a risk to health. At Pope Plant we adopt an 'open door' policy where in everybody is able to speak to a member of the management team with no fear of being judged.

Assess : Once reported the identified risk will be assessed using a Risk Assessment system performed by a member of the management team. The Risk Assessment will be recorded and steps put in place to minimise risk.

Monitor : The Identified risk and proposed risk reduction methods in the form of a method statement will be monitored until such time as the risk is brought down to acceptable standards or eradicated completely.

Report : All stages will be reported and records kept on our HS Direct system.



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Pope Plants H&S Policy highlights the dangers to and responsibilities of all employees for the following :

- Accident reporting
- DSE
- Fire Safety
- Hand Arm Vibration
- Lone working
- Manual Handling
- Noise
- PPE
- Working at Height
- COSSH

We also have policies covering

- UV Sun Exposure
- Alcohol & drugs
- Smoking
- Asbestos Awareness

Toolbox talks and E learning Courses are of paramount importance and must be attended by all annually.

Name : C Pope

Position : COMPANY DIRECTOR

Date : 22.06.2022

Sign : 